



STEEL CENTER
FOR CAREER AND TECHNICAL EDUCATION

Exercise Science & Rehabilitation Services



Course Overview

Prepares individuals to assist in rehabilitation services under the supervision of physical therapists, occupational therapists, speech-language pathologists, and other therapeutic professionals, and to perform routine functions in support of rehabilitation.

Program intended for students interested in pursuing careers in Sports Medicine, Athletic Training, Physical Therapy, Occupational Therapy, Exercise Physiology, Fitness Training, and Nutrition. The salary range for these careers range from \$27,000-\$205,000 depending on the level of post-secondary education and career choice.



COLLEGE/UNIVERSITY

COMMUNITY COLLEGE

TRADE SCHOOL

MILITARY

APPRENTICESHIP

EMPLOYMENT

A PATHWAY TO SUCCESS

EXERCISE SCIENCE & REHABILITATION SERVICES

INDUSTRY CERTIFICATIONS

OSHA-10

First Aid

CPR/AED

Physical Therapy Aide Certification-

American Medical Certification

Association (AMCA)

Certified Personal Trainer-National

Academy of Sports Medicine (NASM)

Career Opportunities

Sports Medicine Physician

Physical Therapist (Assistant;Aide)

Occupational Therapist (Assistant;Aide)

Athletic Trainer

Exercise Physiologists

Fitness Trainers & Instructors

Dietitians & Nutritionists

Member School Districts

**Baldwin-Whitehall ■ Bethel Park ■ Brentwood Borough ■ Clairton City
Duquesne ■ Elizabeth Forward ■ South Allegheny ■ South Park
Steel Valley ■ West Jefferson Hills ■ West Mifflin Area**