



# PROGRAM LETTER

## Sports Medicine & Rehabilitation Professions

**CIP 51.2604**

**Ms. Arovits**

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**2023-2024**

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Dear Steel Center Family:

The Sports Medicine & Rehabilitation Professions program is an instructional program designed to introduce and prepare a pathway for individuals to enter into the fitness and rehabilitation healthcare fields. Individuals will be able to apply technical knowledge and understanding of anatomy and physiology, human body's response to exercise, medical conditions, neuromusculoskeletal pathologies, therapeutic modalities, injury prevention, injury rehabilitation, exercise prescription, CPR, and First Aid. Students will be encouraged to explore and develop plans for future employment or continuing their education to pursue post-secondary degrees in the healthcare field. Students will have the opportunity to obtain industry certifications when applicable throughout the program including but not limited to:

- CareerSafe OSHA for healthcare
- CareerSafe Blood Borne Pathogen
- CareerSafe HIPPA
- Stop the Bleed
- American Heart Association CPR
- AMCA Rehab Aide
- ACSM Certified Personal Trainer (upon graduation)

All materials and text will be provided by Steel Center including Google Chromebooks. Materials that the student will be responsible for include:

- Notebook and binder for note taking (tablets or computers may be used to take notes)
- Pencils/Pens

Thank you for taking the time to read the introductory letter. We are excited for the opportunity to work with our future healthcare and fitness industry professionals!

Sincerely,

Rachel Arovits  
Sports Medicine & Rehabilitation Services Instructor