Key Characteristics and Behaviors of Academically Tenacious Students

■ Belong academically and socially-Did you have support from your partner? How does this apply to academics?

■ See school as relevant to their future- Each task and step in school is important to being college and career ready. How was each step important here. What was the most important part of your tower? ( BASE) Strong base (being in school) is half the battle.

■ Work hard and can postpone immediate pleasures-Self-control, self-regulation…did you get frustrated? Did you lean on your partner for support? Could you put your emotions/wants aside to complete the task? Missing school to do something we WANT to do aka Sleep…

■ Not derailed by intellectual or social difficulties- Were you able to complete this task without being distracted by what other groups were doing, what others thought of your approach…

■ Seek out challenges-Were you excited about the challenge at hand or upset that you had a challenge to face? Do you challenge yourself when you select your classes? Do you do the minimum to get by?

■ Remain engaged over the long haul-How did you feel at the beginning, middle and end of the exercise? What was different about each phase? Does this apply to academics/attendance? How? Avoidance behaviors…

The marshmallow on top of the tower….how did you get it to stay..did it fall? Did you wait until the end to attempt it…

The marshmallow was the most important part…looking back, what could you have done differently? What held you back from trying to get it to stay earlier? Fear….of Failure…do you ever feel like that in school? When…why…

Next time we will move on to another facet of academic tenacity and talk about your mindset and approach to academics…growth mindset