Program Description- Exercise Science and Rehabilitation Services program is an instructional program designed to introduce and prepare a pathway for individuals to enter into the fitness and rehabilitation healthcare fields. Individuals will be able to apply technical knowledge and understanding of anatomy and physiology, human body's response to exercise, medical conditions, musculoskeletal pathologies, therapeutic modalities, injury prevention, injury rehabilitation, exercise prescription, CPR, and First Aid. Students will be encouraged to explore and develop plans for future employment or continuing their education to pursue post-secondary degrees in the healthcare field. Students will have the opportunity to obtain industry certifications when applicable throughout the program.

Textbooks: Cengage, Physical Therapy Aide, A Worktext, Roberta C. Weiss
Jones & Bartlett, Clinical Decision Making for the Physical Therapist Assistant

Other Resources: Computer based resources such as content relevant scholarly articles and research material selected upon teacher’s discretion.

Daily Required Items/Materials:

● Students are to show up on time
● Students are required to have a means of taking notes. (tablet, computer, notebook, binder, etc.)
● Students should have proper attire including workout clothes when necessary

Assessment and Evaluation: All tests, quizzes, and assignments will be graded using Steel Center’s grading scale

93-100: A
85-92: B
77-84: C
70-76: D
<70: E/F
Incomplete: I
Measurement of Achievement: SUBJECT TO CHANGE

1. **Work Ethics (Daily Grade)**- This grade is on a scale of 0-10 and will be assessed daily. This includes student’s preparation, participation and behavior for that day.

2. **Skills Grade (Task Grade)**- This grade is on a scale of 0-10. This grade will assess the performance of lab activities assigned to the student.

3. **Knowledge Grade (Test and Assignment Grade)**: The knowledge grade will include but is not limited to quizzes, assignments, tests, and homework. This grading scale will vary depending on the assigned point value of the assignment.

**Assignments/Timeline:**

- Quizzes, Tests, and Assignments will be assigned throughout the course of the year to measure and assess understanding of material.

**Other Grading Factors:**

- Students are expected to be respectful to all peers
- Students should dress professionally unless instructed otherwise
- Keep all valuable possessions locked away
- Electronic Devices should not be used unless for educational purposes or at selected designated times at the teacher’s discretion.

**Classroom/Clinic Rules:**

1. Pay Attention and Be Alert
2. Come Prepared
3. Respect others
4. No Horseplay
5. Follow Steel Center Rules

**Consequences:**

1X Warning & Point Deduction
2X Parental contact & Point Deduction
3X Office Referral & Point Deduction
FOR STUDENT:

With my signature, I acknowledge that I am fully aware of the rules, procedures, and expectations for

my CTE program of study. I understand that my signature indicates awareness and not necessarily

approval.

Student name: _____________________________

Student signature: _____________________________

Date: _____________________________

FOR PARENT/GUARDIAN:

With my signature, I acknowledge that I am fully aware of the rules, procedures, and expectations for

my son’s or daughter’s CTE program of study. I understand that my signature indicates awareness and

not necessarily approval.

Parent/Guardian signature: _____________________________

Parent/Guardian signature: _____________________________

Date: _____________________________