July 15th

Dear Steel Center Family:

I’d like to take a minute to introduce myself. My name is Mr. Sninchak and I will be teaching the Exercise Science and Rehabilitation Services program this year. I am a Certified Athletic Trainer, Licensed Physical Therapist Assistant and Nationally Registered Advanced EMT with 5 years of experience working clinically, on-site, and with my local ambulance service.

The Exercise Science and Rehabilitation Services program is an instructional program designed to introduce and prepare a pathway for individuals to enter into the fitness and rehabilitation healthcare fields. Individuals will be able to apply technical knowledge and understanding of anatomy and physiology, human body’s response to exercise, medical conditions, musculoskeletal pathologies, therapeutic modalities, injury prevention, injury rehabilitation, exercise prescription, CPR, and First Aid. Students will be encouraged to explore and develop plans for future employment or continuing their education to pursue post-secondary degrees in the healthcare field. Students will have the opportunity to obtain industry certifications when applicable throughout the program.

All materials and text will be provided by Steel Center including Google Chromebooks. Materials that the student will be responsible for include:

- Notebook or binder for note taking (tablets or computers may be used to take notes)
- Pencils/Pens

Thank you for taking the time to read the introductory letter. I am excited for the opportunity to work with our future healthcare and fitness industry professionals! Please feel free to contact me.

All the Best,

Mr. Spenser Sninchak PTA, LAT, ATC, NREMT-A
Exercise Science & Rehabilitation Services Instructor