

 <b>STEEL CENTER</b> <small>FOR CAREER AND TECHNICAL EDUCATION</small>		<b>Sports Medicine/ Rehab Aide Curriculum Map</b> <b>CIP Code 51.2604</b>		<b>Industry Standards</b> National Safety Council, NASM, HOSA, OSHA
<b>Y</b> <b>e</b> <b>a</b> <b>r</b>  <b>A</b>	<u><b>1st Quarter</b></u>  Intro to Sports Medicine/ Careers Safety Legal Terms & Ethical Issues Emergency Care/Infection Control Cardiovascular System Muscular System & Skeletal System Emergency Planning (EAPs) <i>CPR &amp; First Aid Certification</i> Stop the bleed	<u><b>2nd Quarter</b></u>  Modalities Medical Terminology Body planes and anatomical directions Pathology & Physiology of the body systems: nervous, lymphatic, & respiratory Foot & Ankle injuries, treatment, & rehabilitation	<u><b>3rd Quarter</b></u>  Nutrition Hydration Pharmacology Dietary Supplements Performance enhancers	<u><b>4th Quarter</b></u>  The knee injuries, treatment, & rehabilitation The hip injuries, treatment, & rehabilitation Gait Cycle Theory Soft Skills
	<u><b>1st Quarter</b></u>  Intro to Sports Medicine/ Careers Safety Legal Terms & Ethical Issues Emergency Care/Infection Control Cardiovascular System Muscular System & Skeletal System Emergency Planning (EAPs) <i>CPR &amp; First Aid Certification</i> Stop the Bleed	<u><b>2nd Quarter</b></u>  Modalities Medical Terminology Body planes and anatomical directions Pathology & Physiology of the body systems: Integumentary, endocrine, immune Hand & wrist injuries, treatment, & rehabilitation	<u><b>3rd Quarter</b></u>  Human Development Mental Health Elbow & Shoulder injuries, treatment, & rehabilitation Pathology & Physiology of the body systems: urinary, digestive, reproductive	<u><b>4th Quarter</b></u>  Head injuries, treatment, & rehabilitation Spinal injuries, treatment, & rehabilitation Facility Planning & Budgeting Exercise Science & Prescription Soft skills  NOCTI Pretest
	<u><b>1st Quarter</b></u>  Intro to Sports Medicine/ Careers Safety Legal Terms & Ethical Issues Emergency Care/Infection Control Cardiovascular System Muscular System & Skeletal System Emergency Planning (EAPs) <i>CPR &amp; First Aid Certification</i> Stop the Bleed	<u><b>2nd Quarter</b></u>  Basic and Applied Sciences & Nutritional Concepts Client Relations & Behavioral Coaching Assessment	<u><b>3rd Quarter</b></u>  Program Design Exercise Technique and Training Instruction  NOCTI Skills Review	<u><b>4th Quarter</b></u>  Professional Development & Responsibility Job Shadowing/Interview a professional in anticipated career field  NOCTI Written & Hands on Test <i>CPT Certification Exam</i>