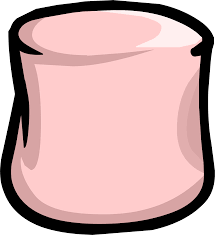
What’s Your Marshmallow?



Problem, fear, barrier…



On the sticks, write two strategies you can use to self -regulate and “keep your tower from crashing”