

Lesson Plan

Topic: It’s ALL about YOU! - Career Awareness and Exploration (Awareness and Preparation)

Standards: 13.1.5 A. Describe the impact of individual interests and abilities on career choices. 13.1.5 D. Describe the range of career training programs in the community.

Objectives-Students will become self-aware and will gain knowledge about their interests and how they relate to careers.

Competencies-Develop an awareness of personal abilities, interests and skills and find the relationship between those and a future career.

Grade level-5/6

Time: 2 periods (80-90 min)

Materials/Equipment- Holland Codes, What Sparks Your Interest?, Computer, Letter Handouts, crayons/markers

Procedure: Bell Ringer: Test your career awareness! (5-10 min)

Discuss the careers that various students were able to come up with. How much information did they know about the careers? Does someone you know have a job like the one we are talking about?



Develop/Assess (20)- Have you ever thought about what you want to be when you grow up? Discuss the importance of knowing oneself and how that relates to a successful career.

* Give students the Holland Code Quiz, explain purpose and instructions. Popcorn read directions!
* Allot 5 minutes to complete the quiz, emphasizing the answers should be your “gut reaction.”
* Assist students in totaling their scores.
* Ask 6 students to share their results and tell the class whether this fits their personality and why or why not.
* Distribute Letter Handout to each student based on highest scoring area.
* Students will use the Code Descriptions to decorate their letter. Use characteristics, job possibilities, personality traits.

Close: Do you think your code matches your personality? Do any of the possible careers interest you? Which ones? (Discussion-Whole Group)