

Massage Therapy

P R O G R A M

*Convenient
Monday &
Tuesday Schedule*

Schedule designed to
allow you to work while
going to school.

Diploma Program

Are you an **intuitive** person who likes to help people?

Are you interested in a rewarding career in **health and wellness** where you can help people who are in pain, recovering from injuries, or experiencing stress?

You owe it to yourself to explore your future career in **MASSAGE THERAPY!**




DOUGLAS
Education Center

DEC.EDU

724-684-DOUG

Financial Aid is Available for Those Who Qualify • Housing is Provided Through bdihousing.com

Massage Therapy

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Led by experienced massage professionals, in collaboration with industry experts and area employers, DEC's massage therapy program ensures that students are provided with the most up-to-date techniques to succeed in the field of massage therapy and bodywork.

Careers Opportunities include:

- Spa Environments
- Rehabilitation Clinics / Sports Massage
- Doctors' / Chiropractors' Offices
- Massage Studios



Hands-on learning begins DAY ONE!

All students will participate in a student massage clinic where they will provide massage services to the general public. This allows students to train in and practice their massage and bodywork, client interaction, and professional skills on the community under the supervision of a skilled massage instructor.

Certification and Licensure:

Graduates are eligible to sit for the Massage and Bodywork Licensing Examination (MBLEx) offered by the Federation of State Massage Therapy Boards (FSMTB), in order to apply for initial licensure. Licensure is required to practice in the Commonwealth of Pennsylvania.

Body Sciences

- Anatomy & Physiology
- Kinesiology
- Pathology
- Hygiene, Sanitation, & Safety

Massage Practice

- General Body / Swedish
- Chair
- Trigger Point Therapy
- Myofascial Release
- Lymphatic
- Deep Tissue
- Reflexology
- Energy Therapy
- Asian Techniques

Spa

- Aromatherapy
- Reflexology
- Scrubs & Wraps
- Stone Massage
- Cold, Heat, & Hydrotherapies

Business Practices

- Law & Ethics
- Licensure & Career Prep
- Marketing
- Documentation
- Professional Development

Special Populations

- Prenatal / Infant
- Children
- Elderly
- Disabled
- Critically Ill
- Athletics / Sports



Students receive a kit that includes an Oakworks® Massage Table & Chair, bolster, holster, and uniform scrubs.

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